



Session Registration and Class Cards

Synergy Rhythm and Dance

For Students New to Synergy RaD

Name _____

Mailing Address _____

Email Address _____

Phone Number _____

Bellydance Level 2 Session

early registration, \$85 _____

late registration, \$95 _____

Note: Bounced checks are subject to a \$20 fee.

Mail Form and Check to
 Synergy Rhythm and Dance
 510 E Washington St
 Suite 216
 Bloomington, IL 61701

Drop-in Class Card, 5-Classes, \$45 _____

Drop-in Class Card, 10-Classes, \$85 _____

Total Payment (payable to Synergy RaD)

How did you hear about our classes? _____

Do any of the following apply to you?

Please circle yes or no and provide details, as appropriate.

Arthritis	yes	no	
Heart Disease	yes	no	
Diabetes	yes	no	
Pregnant	yes	no	Due date _____
High Blood Pressure	yes	no	
Low Blood Pressure	yes	no	
Major Surgery	yes	no	Describe _____
Injury	yes	no	Describe _____
Asthma	yes	no	
Other	yes	no	Describe _____

Our classes are fun, and we want you to enjoy yourself and be safe. If you have any reason to be concerned about doing class activities, please speak to your doctor and to your instructor before beginning classes. Do not push yourself beyond your limitations and stop if you are feeling any pain.

I (write your name clearly) _____ understand that I am responsible for my own body. I understand that dance is aerobic exercise. I agree to pay attention to my body and to honor its limitations. I do not hold Sahira Zedare or any Synergy Rhythm and Dance instructors responsible for injuries I may incur through activities in this class.

Signature _____ Date _____